



CISTERCIAN MONK

Materials:

DK yarn

Body, sleeves and Hood: white

Head: Any skin colour

Hair: Any hair colour

Belt: Small piece of yarn, colour of choice

Cross and chain: Small piece of silver or gold thread

Eyes and mouth: Black

3mm knitting needles

Toy filling

Height: 8"

Body and head

Cast on 24 sts

1st row (k1, inc 1 k wise into next st) to end 36 sts

Beg with P row st-st 21 rows

Next row: K8, K2tog, K16, K2tog, K8 – 34 sts

St-st 9 rows

Next row: K8, K2tog, K14, K2tog, K8 – 32 sts

St-st 9 rows

Next row: K8, K2tog, K12, K2tog, K8 – 30 sts

St-st 9 rows

Next row: K8, K2tog, K10, K2tog, K8 – 28 sts

St-st 6 rows

Dec for neck

(P2tog) to end 14 sts

Break off white and join colour for head

St-st 2 rows

Next row: K5 inc k wise into next 4 sts K5 18 sts

St-st 9 rows

Break of head colour and join hair colour

St-st 2 rows

Next row: (K2tog) to end – 9 sts

Break off yarn and thread through the 9 sts

To make up

Make a cardboard disc for base of figure 6cm (2 3/8") diameter. It needs to be rigid so could be 2 or more pieces of card glued together.

Oversew the rows ends together from the base up and head down leaving a gap big enough to insert cardboard disc. Place the card firmly at the bottom then stuff the head and body firmly and sew up the gap. Tie a piece of skin coloured yarn around the bottom of the head to define the neck.

Sleeves

Using white cast on 24 sts

G st 2 rows

Cont in st-st Dec 1 st at each end of next row and every following 4th row until 8 sts remain work 3 rows more then break off yarn and thread through the 8 sts. Sew row ends together and lightly stuff from the top to approximately the elbow.

Hood

Using white cast on 30 st and G st 2 rows

Next row: K13 (Inc in next st K1) 4 times K13 34 sts
St St 11 rows

Next row: K2tog to end 17 sts

Next row: Purl

Next row: K1 K2tog to end 9 sts

Next row: P1 P2tog to end 5 sts

Break off yarn and thread through the remaining 5 sts

To make up

Sew back opening half way down. Place the row ends around neck, making sure it is joined at the front, and sew into place. Sew sleeves on side of body at shoulder level with the seams down, fold at elbow and join the sleeve openings together. Make a twisted cord for round the waist. Using silver or gold thread embroider a cross on the chest and place a piece from the top of the cross around the neck.

Using black, embroider eyes in a closed position and a mouth.



Many thanks to Heather Naylor for designing the pattern.